



# May 2024 Free & Low-Cost Activities

Activities in Green are FREE & Activities in Blue are \$5 or Less.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Fun places that are \$5 or less or FREE!</p>			<p><b>1</b> <u>Movement Class with Gyro-tonic Msla</u>, 10 am, MPL <u>Dungeons &amp; Dragons for Grades 3-8</u>, 5:30-8:30 Lowell School, \$5 suggest. <u>Povorello Food Pantry</u>, 5:30-7 pm, Mondays-Thursdays</p>	<p><b>2</b> <u>YMCA Yoga @ the Li-brary</u>, 12-1 pm, MPL <u>Create with Kevin</u>, 3-6 pm, EmPower Place <u>Cooking for Kids</u>, 3:30-4:30 pm, MPL <u>Teen Art Project</u>, 3:30-6, MAM, register*</p>	<p><b>3</b> <u>Dress-Up Story Time</u>, 11-12, EmPower Place <u>Families First Community Connections</u>, 11-12, MPL <u>Art Club for All Abilities and Ages</u>, 1-3 pm, BASE, reg* <u>Lego Club &amp; After-School Meals</u>, 2:30-5, MPL</p>	<p><b>4</b> <u>Clark Fork Famers' Mar-ket</u>, 8-1, 225 Pattee Street <u>Young Kids' Dance Party</u>, 11 -11:45 am, MPL <u>Gift of the Bitterroot</u>, 11 am, Travelers' Rest <u>Village Yoga</u>, 4:15 pm, Bonner Park, register*</p>
<p><b>5</b> <u>MCAT Music Sunday</u>, 12-1:30 pm, MPL <u>Art Lounge &amp; Indoor Play Space</u> 12-4, ZACC <u>Sober/Sober Ally Co-Ed Basketball</u>, 5:30-7 pm, 1001 Cleveland, reg*</p>	<p><b>6</b> <u>Story Time for Diverse Abilities</u>, 1-2 pm, MPL <u>Tech Café</u>, 1-3 pm, Msla <u>Aging Services</u> <u>Beginner-Friendly Bird-ing</u>, 6-7 pm, MPL</p>	<p><b>7</b> <u>Families First/CDC Play Group</u>, 10-12, MPL <u>Baby Bistro</u>, 10:00-11:30 Msla Food Bank <u>Folf in the Park</u>, 5:30-7 pm, McCormick Park, drop-in <u>Mushroom ID</u>, 5:30 pm MPL</p>	<p><b>8</b> <u>Discovery Area Science Activity</u>, 2-6 pm, MPL <u>Women Bike Missoula Ride</u>, 5:30 pm, XXXX's <u>Mountain Bike League</u>, 6:30 pm, Marshall Mtn, all ages, Weds thru June, reg*</p>	<p><b>9</b> <u>MiniNaturalist PreK</u>, 10-11, MNHC <u>YMCA Yoga @ the Library</u>, 12-1 pm, MPL <u>Create with Kevin</u>, 3-6 pm, EmPower Place</p>	<p><b>10</b> <u>Lego Club &amp; After-School Meals</u>, 2:30-5, MPL <u>BASEment Improv for All Abilities</u>, 5:30-7 pm, reg* <u>English Country Dance</u>, 7 pm, Elks Lodge Ballroom</p>	<p><b>11</b> <u>Missoula Farmers' Market</u>, 8-12:30, XXXXs <u>Fat Girls Hiking Group</u>, 10 am, Lincoln Hills Trailhead <u>Moon-Randolph Homestead Open Hours</u>, 11 am-5 pm <u>Flower Planting</u>, 1pm MPL</p>
<p><b>12</b> <u>MCAT: Community Radio Auditions</u>, 2-5, MPL <u>Carousel for Missoula</u>, 12-5 daily, Caras Park <u>Sober/Sober Ally Co-Ed Basketball</u>, 5:30-7 pm, 1001 Cleveland, reg*</p>	<p><b>13</b> <u>Art Lounge &amp; Indoor Play Space</u> 10-6, ZACC <u>Lego Club</u>, 2:30-5 pm, MPL <u>Research &amp; Science Activities</u> 4 Kids 3-6 MPL</p>	<p><b>14</b> <u>Memory Café</u>, 2 pm, MPL <u>Folf in the Park</u>, 5:30-7 pm, Wapikiya Park, drop-in <u>Pickleball Drop-In Open Play</u>, 6-8 pm T/Th, Fort Msla Regional Park, \$5</p>	<p><b>15</b> <u>Kids Cooking Class</u>, 4-5 pm, MPL <u>Women Bike Missoula Ride</u>, 5:30 pm, XXXXs <u>Dungeons &amp; Dragons for Grades 3-8</u>, 5:30-8:30 Lowell School, \$5 suggest.</p>	<p><b>16</b> <u>MiniNaturalist PreK</u>, 10-11, MNHC <u>Art Lounge</u> 10-6, ZACC <u>Tiny Tales</u>, 10:30, MPL <u>YMCA Yoga @ the Li-brary</u>, 12-1 pm, MPL</p>	<p><b>17</b> <u>Dress-Up Story Time</u>, 11-12, EmPower Place <u>Yarns Knitting Group</u>, 12-2, MPL <u>Lego Club &amp; After-School Meals</u>, 2:30-5, MPL</p>	<p><b>18</b> <u>Clark Fork Famers' Market</u>, 8-1, 225 Pattee St. <u>Kids' 1 Km Run</u>, 10 am, Pineview Park, register* <u>Raptors of the Rockies</u>, 1 pm, Travelers' Rest, reg*</p>
<p><b>19</b> <u>MCAT Music Sunday</u>, 12-1:30 pm, MPL <u>Carousel for Missoula</u>, 12-5 daily, Caras Park <u>Art Lounge &amp; Indoor Play Space</u> 12-4, ZACC</p>	<p><b>20</b> <u>Story Time for Di-verse Abilities</u>, 1-2 pm, MPL <u>Lego Club</u>, 2:30-5, MPL <u>MCAT: Learn Computer Video Editing</u>, 2-3, MPL</p>	<p><b>21</b> <u>Baby Bistro</u>, 10:00-11:30 Msla Food Bank <u>Read w Dogs</u> 3:30 MPL <u>Folf in the Park</u>, 5:30-7 pm, Fort Msla Reg. Park, drop-in <u>Irish Hurling Clinic</u>, 6:30 pm, FMRP Rugby Pitch, \$5</p>	<p><b>22</b> <u>Families First Blue Blocks</u>, 11 am -3 pm MPL <u>MakerSpace Sewing Drop-in Hours</u>, 2-5 pm, MPL <u>Dungeons &amp; Dragons for Grades 3-8</u>, 5:30-8:30 Lowell School, \$5 suggest.</p>	<p><b>23</b> <u>Tiny Tales</u>, 10:30 MPL <u>YMCA Yoga @ the Li-brary</u>, 12-1 pm, MPL <u>Create with Kevin</u>, 3-6 pm, EmPower Place</p>	<p><b>24</b> <u>Dress-Up Story Time</u>, 11-12, EmPower Place <u>Lego Club &amp; After-School Meals</u>, 2:30-5, MPL <u>Sober/Sober Ally Co-Ed Boxing</u>, 4559 N Reserve</p>	<p><b>25</b> <u>Missoula Farmers' Market</u>, 8-12:30, XXXXs <u>Fix-It Clinic</u>, 11 am-2 pm, Home Resources <u>Teen Open Studio</u> 12:30, MAM <u>Kids' Activity</u>, 1-3, MNHC</p>
<p><b>26</b> <u>Carousel for Mis-soula</u>, 12-5 daily, Caras Park <u>Art Lounge &amp; Indoor Play Space</u> 12-4, ZACC <u>Sober/Sober Ally Co-Ed Basketball</u>, 5:30-7 pm, 1001 Cleveland, reg*</p>	<p><b>27</b> <u>Memorial Day</u> <u>Carousel for Missoula</u>, 12-5 daily, Caras Park</p>	<p><b>28</b> <u>Preschool Art with a Purpose</u>, 11 am-12 pm, MPL <u>Read with Dogs</u>, 3:30 MPL <u>Folf in the Park</u>, 5:30-7 pm, Marilyn Park, drop-in <u>Singing for Women of All Ages</u>, 6:30, Grace United Methodist</p>	<p><b>29</b> <u>Discovery Area Science Activities</u>, 2-6 pm, MPL <u>Middle School Writers' Group</u>, 3:30-5 pm, MPL <u>Mental Health Matters</u>, 6 pm MPL</p>	<p><b>30</b> <u>MiniNaturalist PreK</u>, 10-11, MNHC <u>Create with Kevin</u>, 3-6 pm, EmPower Place <u>Pickleball Drop-In Open Play</u>, 6-8 pm T/Th, Fort Msla Regional Park, \$5</p>	<p><b>31</b> <u>Fit4Mom Playgroup</u>, 10:30, Maloney Ranch Park, reg* <u>Lego Club &amp; After-School Meals</u>, 2:30-5, MPL <u>KGFM Presents: The Free Sessions</u>, 5-7 pm, MPL</p>	<p>Thank you to our 5-2-1-0 Sponsor:</p> <p>United Way of Missoula County</p>





# MAY 2024

## Get ready for



### What is Summer EBT?

A new program that begins THIS summer. Families with eligible children will **receive an EBT card to purchase foods** during summer break. Children can utilize both the Summer EBT Program and Summer Meals Program.

### Who is eligible?

Your household is eligible if your child **receives free or reduced-price school meals or through direct certification**. If your child attends a Community Eligibility Provision school and is not directly certified, fill out a free or reduced price meal application.

### Amount of benefits?

Each eligible child will receive **\$120** for the summer.

### How to apply?

If you haven't yet, fill out a school meal application. Make sure your school district has your current address on file.

### Questions?

Contact Montana Office of Public Instruction:  
**Website:** <https://opi.mt.gov/Leadership/Management-Operations/SchoolNutrition/Summer-EBT>  
**MT OPI S-EBT Hotline:** 406-444-0044