












# June 2025 Free & Low-Cost Activities

Activities in Green are FREE & Activities in Blue are \$5 or Less.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b> <u>Splash Decks</u> open daily, 11 am –9 pm at Franklin, Bonner &amp; Marilyn Parks. Also Sacagawea &amp; South Side Lions when over 75 degrees.</p>	<p><b>2</b> <u>Art with a Purpose</u>, 10-11 am, MPL, Families First <u>Msla Senior Center Lunch</u> served M-F, 11:30-12:30. \$5 for ages 60+ <u>Tech Café</u>, 1 pm, Msla Aging Services</p>	<p><b>3</b> <u>Tiny Tales</u>, 11:45-12:15 Tuesdays, EmPower Place <u>Folf in the Park</u>, 5-7:30, Silver Park, drop-in <u>Read with Dogs</u>, 3:30, MPL <u>The Garden Meal</u>, 6-7:30 pm, MPL</p>	<p><b>4</b> <u>Library Spice Club</u>, 9 am-8 pm, MPL demo kitchen <u>Preschool STEM</u>, 11-2, MPL <u>Grab-n-Go Lunches</u>, 12 pm, Frenchtown Library, Tues, Weds and Thurs 6/3–8/21 <u>Story Time for Diverse Abilities</u>, 1-2 pm, MPL</p>	<p><b>5</b> <u>Tiny Tales</u>, 10:30, MPL <u>Create w/ Kevin</u>, 3-5 Thursdays, EmPower Pl. <u>Cooking for Kids</u>, 3:30 pm, MPL <u>Movement is Medicine</u>, 6 pm, FMRP, in front of basketball courts</p>	<p><b>6</b> <u>Storytime and Songs</u>, 11-12 Fridays, EmPower Place <u>Yarns Knitting Group</u>, 12 –2 every Friday, MPL <u>Art Club for All Abilities</u>, 1-3 pm Fridays, 725 W Alder <u>Dream Bigger Expo</u>, 5:30-7 pm, MPL</p>	<p><b>7</b> <u>Missoula Farmers' Market</u>, 8-12:30, XXXs <u>Missoula Under Construction</u>, 9-3, Missoula Co Fairgrounds <u>Teen Open Studio</u>, 12:30-3, MAM, drop-in</p>
<p><b>8</b> <u>Volunteering @ Fort Msla Native Plant Garden</u>, 9-11 am Sundays, all ages <u>Carousel for Missoula</u>, 11-7 most days, Caras Park <u>Pain-Savvy Health Literacy</u>, 1-2 pm, MPL</p>	<p><b>9</b> <u>Missoula Movers Coffee Walks</u>, 9 am, Inez Trail, pre-registration encouraged <u>Line Dancing</u>, 10 am, Msla Senior Center, \$5, all ages <u>Make &amp; Mend Fiber Arts</u>, 6 pm Mondays, Joseph's Coat</p>	<p><b>10</b> <u>Infant to 3-yr Old Playgroup</u>, 10 am Tues, MPL <u>Explore with SpectrUM</u>, 3-6 pm Tuesdays, EmPower Place, drop-in <u>Yoga in the Park</u>, 6-7 pm Tuesdays, McCormick Park</p>	<p><b>11</b> <u>Summer Camp Kickoff</u>, 5-7 pm, McCormick, drop-in <u>Women Bike Msla Ride</u>, 5:30, meet at south side of Madison St Underbridge <u>City Band Concert</u>, 7:30 pm Wednesdays, Bonner Park</p>	<p><b>12</b> <u>Bookmobile @ Dairy Queen</u> on Higgins, 12-2 <u>Resource Access Day</u>, 12-3, MPL, drop-in, lunch <u>Downtown Tonight</u>, 5-9 pm Thursdays, Caras Park</p>	<p><b>13</b> <u>Splash Deck at Westside Park</u> open 11-9 daily <u>Summer Kickoff</u>, 3-6 pm, Missoula Food Bank. BBQ, kids' activities and more</p>	<p><b>14</b> <u>Clark Fork Market</u>, 8-1 Saturdays, 225 S Pattee <u>Car Seat Install</u>, 10-3:30, 2521 South Ave W call 549 -6172 to register <u>Moon Randolph Homestead Open Hours</u> 11-5 Saturdays</p>
<p><b>15</b> <u>Town Bound Birding</u>, 7-9 am, Greenough Park, meet @ covered picnic area <u>Sober/Sober/Sober Ally Basketball</u>, 5:30-7 pm Sundays, 1001 Cleveland, reg</p>	<p><b>16</b> <u>Missoula Movers Coffee Walks</u>, 9 am, Fort Msla, pre-registration encouraged <u>Elders' Luncheon</u>, 11 am-2 pm, 1515 S Russell Street <u>Crafting for a Cause</u>, 2-4 pm, MPL</p>	<p><b>17</b> <u>Big Sky Arts &amp; Crafts</u>, 12-3, Big Sky HS Library, geared for young kids + their families <u>Summer Teen Art Project</u>, 1:30-5 Tues/Th, MAM, register</p>	<p><b>18</b> <u>ADA Picnic</u>, 10-3, FMRP Meadowlark Picnic Shelter <u>Outdoor Yoga</u>, 6 pm, Greenough Pk, meet near creek footbridge. Donations ok. <u>Missoula Sings Song Circle</u>, 5:30, 601 Longstaff St., all voices welcome</p>	<p><b>19</b> <u>Juneteenth Celebration</u>, 10:30-12, Historical Museum @ Fort Msla, pavilion, all welcome <u>Summer Teen Art Project</u>, 1:30-5 Tues/Th, MAM, register</p>	<p><b>20</b> <u>Msla Pride Fun Run/Walk</u>, 10 am, rainbow cross-walk by MAM, untimed, 3 mi <u>Art Supply Closet and Indoor Play Space</u>, 10-6, ZACC <u>Yarns Knitting Group</u>, 12 -2 every Friday, MPL</p>	<p><b>21</b> <u>Beginning Bird Walk</u>, 10-1, Lee Metcalf NWR <u>Sensory Story Time</u>, 11:30-12:30, MPL <u>Pride Parade</u>, 12-2, Higgins Avenue, downtown <u>Missoula Pride: The Way of the Dandelion</u>, 2-4, MPL</p>
<p><b>22</b> <u>Summer MADE Fair</u>, 10 am-4 pm, Caras Park <u>Bookmobile: Books &amp; Baseball w/ Msla Paddleheads</u>, 1-3 pm, Ogren Park. Kids 12 and under get into the game free; game starts @ 2:05 pm</p>	<p><b>23</b> <u>Missoula Movers Coffee Walks</u>, 9 am, Sentinel Fire Road <u>Line Dancing</u>, 10 am, Msla Senior Center, all ages <u>Cooking Thru Grief</u>, 6-7:30, MPL</p>	<p><b>24</b> <u>Baby Bistro</u>, 10-11:30 am every Tues, MFB&amp;CC <u>Summer Fun</u>, 3:30-5, Bonner Park, ages 0-5 <u>Msla Farmers' Market</u>, 5-7 pm, XXXs downtown <u>Yoga</u>, 6-7, McCormick Park</p>	<p><b>25</b> <u>Out to Lunch</u>, 11 am- 2 pm Wednesdays, Caras Park <u>Outdoor Yoga</u>, 6 pm, Greenough Pk, meet near creek footbridge. Donations ok. <u>City Band Concert</u>, 7:30 pm Wednesdays, Bonner Park</p>	<p><b>26</b> <u>World's Largest Swimming Lesson</u>, 10 am, Splash MT. Cost = regular admission + \$1 <u>Movement is Medicine</u>, 6 pm, FMRP in front of basketball courts</p>	<p><b>27</b> <u>Tiny Tales</u>, 10:30 MPL <u>Discovery Area Science Activity</u>, 2-6 pm Tues-Sat, MPL <u>Summer LEGO Club</u>, 4-5 pm, MPL</p>	<p><b>28</b> <u>Graphic Novel Storytelling Workshop</u>, 11 am-1 pm, MPL <u>Oficina de Espanol</u>, 2-3 Saturdays, Jeannette Rankin Peace Center</p>
<p><b>29</b> <u>Volunteering @ Fort Msla Native Plant Garden</u>, 9-11 am Sundays, all ages <u>Carousel for Missoula</u>, 11-7 most days, Caras Park <u>Graphic Novel Storytelling Workshop</u>, 12:30-2:30, MPL</p>	<p><b>30</b> <u>Missoula Movers Coffee Walks</u>, 9 am, Rattlesnake, pre-registration encouraged <u>EmPower Place Open Play Hours</u>, 10 am–1 pm <u>Line Dancing</u>, 10 am, Msla Senior Center, all ages</p>	<p><u>Msla Food Bank Hours</u>: Mon/Tues/Th 10 am-7 pm Wed/Fri 10 am-1 pm <u>EmPower Place Hours</u>: Mon/Tues/Thurs 10-6 Wed/Fri 10-1</p>	<p>Thank you to our 5-2-1-0 Sponsor:</p> 	<p>Fun places that are \$5 or less or FREE!</p>        		





# KIDS EAT FREE!

## Missoula Open Meal Sites - Summer 2025

Monday-Friday

### MFB&CC Meal Sites

#### EmPower Place

June 16-Aug 26,

*No meals June 19 and July 4*

Breakfast 10:00-10:30

Lunch Mon/Tue/Thu 11:30-6:00

& Wed/Fri 11:30-1:00

#### Kids Eat Free Bus

June 16-Aug 26

*No meals June 19 and July 4*

Linda Vista Apts 10:45-11:10

55th St 11:20-11:45

University Village 11:55-12:20

Travois Park 12:35-1:00

Futura Park 1:15-1:45

#### Missoula Public Library

June 16-Aug 22

*No meals June 19 and July 4*

Lunch 11:30-1:00

#### Villagio Apartments

June 16-Aug 22

*No meals June 19 and July 4*

Lunch 11:30-1:00

#### Council Groves Apartments

June 13-Aug 26

*No meals July 4*

Breakfast 9:00-10:30

Lunch 11:30-1:00

### River of Life Church

June 16-Aug 22

*No meals June 30-July 4*

#### Creekside Apartments

1405 E Broadway

11:00 -11:30

#### East Missoula Lions Park

766 Michigan Ave

11:45-12:15

#### West Riverside Community Park

1305 Haaglund Dr, Milltown

12:30-1:00

### Missoula County Public Schools

June 16-Aug 15

*No meals July 4*

Breakfast: 8:30-10:00

Lunch: 11:00-1:00

Lowell

Franklin

Russell

Meadow Hill

For more info: 406.549.0543

[www.missoulafoodbank.org](http://www.missoulafoodbank.org)



# KIDS EAT FREE 2025

**Alberton School**

**Grab & Go Bulk Meal Kits**

**Includes breakfasts & lunches  
for the whole week!**

**Tuesdays, 1:00-2:00 pm**

**June 10 - August 19**



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missoula food bank  
& community center

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we nourish community

# KIDS EAT FREE 2025

**Clinton School**

**Grab & Go Bulk Meal Kits**

Includes breakfasts & lunches  
for the whole week!

**Mondays, 12:00 - 1:00 pm**

**June 9 - August 18**



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missoula food bank  
& community center

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we nourish community



# KIDS EAT FREE 2025

**Frenchtown School/  
Community Library**

**Grab & Go Lunch**

**Tue, Wed, & Thu**

**12:00 - 1:00 pm**

**June 3 - August 21**



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missoula food bank  
& community center

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we nourish community

# KIDS EAT FREE 2025

**Lolo School**

Grab & Go Breakfast & Lunch  
Monday-Friday

11:00 am-1:00 pm

June 16 - August 23

*No meals July 3 and 4*





# KIDS EAT FREE 2025

**Seeley Lake Elementary School**

**Grab & Go Bulk Meal Kits**

Includes breakfasts & lunches  
for the whole week!

**Fridays, 11 am - 2 pm**

**June 20 - August 15**

*Thursday July 3<sup>rd</sup> rather than July 4<sup>th</sup>*



Seeley Lake  
Elementary School