



November 2023 Free & Low-Cost Activities

Activities in Green are FREE & Activities in Blue are \$5 or Less.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Fun places that are \$5 or less or FREE!</p>			<p>1 Senior Skate, 9:45-10:45, Glacier Ice Rink Parent/Tot Skate, 10:45-11:30, Glacier Ice Rink Families First Blue Blocks, 11-3, MPL Symphony Kids, 4:30, MPL</p>	<p>2 Child Development Screenings, 10-12 MPL Tiny Tales, 10:30 am, MPL Kids Cook, 3:30-4:30 MPL Festival Procession & Celebration, 6 pm, procession @ 7 pm, XXXXs</p>	<p>3 Stolen Waters Summit Feast, Round Dance & Drumming, 4 pm, Payne Rotunda, UM Dress-Up Story Time, 11-12, EmPower Place Art Club for All Abilities and Ages, 1-3 pm, BASE, regi*</p>	<p>4 Pan-American Cyclocross Championships, 9 am, Big Sky Park & Maverick Stadium Game Day @ Your Library, 10 am–5 pm MPL Young Kids Dance Party, 11-11:45 am, MPL</p>
<p>5 Register now for Kiwanis Basketball, gr 6-8, starts March 2024 Sober/Sober Ally Co-Ed Basketball, 7:15-9 pm, City Life Center, register*</p>	<p>6 MCAT: Learn to Video Edit, 2-3 pm, MPL Lego Club, 2:30-5, MPL UM Living Lab, 3-6 pm, MPL Msla Community Band Concert, 7:30 pm, MCT</p>	<p>7 Baby Bistro, 10:00-11:30 Msla Food Bank Tiny Tales, 11:30-12:30, EmPower Place Read with Dogs, 3:30-4:30 pm, MPL</p>	<p>8 Senior Skate, 9:45-10:45, Glacier Ice Rink Parent/Tot Skate, 10:45-11:30, Glacier Ice Rink Families First Volunteer Day, 12-1, MPL</p>	<p>9 MiniNaturalist PreK , 10-11, MNHC YMCA Yoga, 12-1, MPL Create with Kevin, 3-4 pm, EmPower Place</p>	<p>10 Veteran's Day Observed Art Lounge and Indoor Play Space, 10-6, ZACC Carousel for Missoula, open 12-5 daily, Caras Park</p>	<p>11 Winter Market, 9-3, Southgate Mall Craft Fair, 9-3, Missoula Senior Center Story Time, 10:30, MPL Fix-It Clinic, 11-3, Home Resources, register*</p>
<p>12 Currents Open, 12-6. W/ City Discount Card, kids under 13 and spectators are \$5 per person or less Art Lounge and Indoor Play Space 12-4, ZACC</p>	<p>13 Art Lounge , 10-6, ZACC Lego Club, 2:30-5, MPL Genealogy Book Group, 1-3 pm, MPL MCAT: Tour & Training, 2-3 pm, MPL</p>	<p>14 Tiny Tales, 11:30-12:30, EmPower Place Spectr UM, 2-6, MPL Read with Dogs, 3:30-4:30, MPL Memory Café, 2-3 pm, MPL</p>	<p>15 Senior Skate, 9:45-10:45, Glacier Ice Rink Parent/Tot Skate, 10:45-11:30, Glacier Ice Rink Spectr UM, 2-6, MPL Kids Cooking Class, 4-5 pm, MPL</p>	<p>16 MiniNaturalist PreK , 10-11, MNHC YMCA Yoga, 12-1, MPL You're an Engineer, 3:30-4:30, MPL</p>	<p>17 Dress-Up Story Time, 11-12, EmPower Place MNHC Stargazing Event, 6-8 pm, meet at Fort Missoula Native Plant Garden, register*</p>	<p>18 Winter Market, 9-3, Southgate Mall Beginning Bird Walk, 10-1, Lee Metcalf NWR Teen Open Studio, 12:30-3, MAM</p>
<p>19 Carousel for Missoula, open 12-5 daily, Caras Park Sober/Sober Ally Co-Ed Basketball, 7:15-9 pm, City Life Center, register*</p>	<p>20 MCAT: Learn to Video Edit, 2-3 pm, MPL MCAT: Tour & Training, 2-3 pm, MPL Lego Club, 2:30-5 pm, MPL</p>	<p>21 Baby Bistro, 10:00-11:30 Msla Food Bank Tiny Tales, 11:30-12:30, EmPower Place Read with Dogs, 3:30-4:30, MPL</p>	<p>22 Senior Skate, 9:45-10:45, Glacier Ice Rink Art Lounge and Indoor Play Space , 10-6, ZACC Parent/Tot Skate, 10:45-11:30, Glacier Ice Rink</p>	<p>23 Turkey Day 3k Family Fun Run/Walk, 9:30, UM River Bowl, register* FREE rides, Carousel for Msla, today, 12-5 pm!</p>	<p>24 Art Lounge and Indoor Play Space , 10-6, ZACC Sober/Sober Ally Co-Ed Boxing, 6-7 pm Fridays, Crosswinds, reg*</p>	<p>25 Winter Market, 9-3, Southgate Mall Museum Tour, 11 am, Msla Art Museum (MAM) Young Kids Dance Party, 11-11:45 am, MPL</p>
<p>26 Art Lounge and Indoor Play Space 12-4, ZACC MCAT Music Sunday, 12-1:30, MPL MCAT: One-Day Short Film Production, 2-5 pm, MPL</p>	<p>27 Genealogy for the Absolute Beginner, 1:30-3 pm, MPL Lego Club, 2:30-5 pm, MPL UM Living Lab, 3-6 pm, MPL</p>	<p>28 Tiny Tales, 11:30-12:30, EmPower Place Read with Dogs, 3:30-4:30, MPL A Capella Singing for Women of All Ages, 6:30, Grace United Methodist</p>	<p>29 Senior Skate, 9:45-10:45, Glacier Ice Rink Parent/Tot Skate, 10:45-11:30, Glacier Ice Rink Spectr UM Science, 2-6 Tuesday-Saturday, MPL</p>	<p>30 MiniNaturalist PreK , 10-11, MNHC YMCA Yoga, 12-1, MPL Spectr UM, 2-6, MPL Create with Kevin, 3-4 pm, EmPower Place</p>	<p>Thank you to our 5-2-1-0 Sponsor:</p> <p>United Way of Missoula County</p>	<p>Food Bank Hours: Mon/Tues/Thurs 10-7 Wed/Fri 10-1 EmPower Place Hours: Mon/Tues/Thurs 10-6 Wed/Fri 10-1 *= pre-reg. required</p>



Email Peggy at
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to learn more & sign up!

M-W-F
Lunchtime
Recess

Middday Move

VOLUNTEER
FOR LUNCH
RECESS PLAY
at Hawthorne,
Lowell & Russell
elementary schools

Beginning
Fall '23!



LET'S MOVE!
MISSOULA